



Our lifestyle runs downstream. Everyday choices on and off the water matter to the future of our

fisheries. So how do you rate? Take the Stewardship Quiz and get your score!

ON THE WATER

Check the box if the statement is true for you.

- When keeping fish, I harvest selectively from fast-reproducing species.
- I tend to release most or all of the large, predatory fish I catch (bass, musky, etc.).
- I always release really big fish to keep trophy genetics in the gene pool.
- I release 100% of the wild (non-hatchery) salmon, trout and steelhead I catch.
- I fish lead-free (split shot, worm weights, jigs, bottom bouncers, etc.).
- I fish single barbless hooks pretty much all the time, and if using trebles, I pinch the barbs.
- When fishing with live or dead bait, I use circle hooks or quick-strike rigs.
- I carry out a bag of someone else's trash every time I go fishing on public water.
- I always wash boots, waders and boat after being in a waterway with invasive species.
- I never leave fishing line behind, and I clean up any that I find...and 6-pack holders, too!
- I never, ever dump unused minnows or other bait into the lake or river.
- I wouldn't think of transporting live fish from one public waterway to another.
- I will introduce someone new to fishing this year, or have in the past year.
- Bears may poop in the woods or waters, but I do not. I find or create an appropriate latrine.
- I keep fish out of the water for under 1 minute if I plan to release them.

Add 'em up! This is your "on the water" score.



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Part 2: Please begin on other side

Off the water

Check the box if the statement is true for you.

- I have a low-flow shower head in my house.
- I use phosphate-free, biodegradable dish soap, laundry detergent and cleaners.
- I wash my car in the car wash instead of in the driveway.
- I have CFL light bulbs in my house.
- I have a water heater blanket on my water heater.
- I turn lights off when I'm not in a room.
- I never put used motor oil or antifreeze down the drain, storm drain, or behind the garage.
- Yes! We recycle at my house! Paper, plastic, metal and glass.
- I never fertilize, or if I do, I do so sparingly with organic or safer-alternative fertilizers.
- I clean up after my dog, in the yard and on walks (mark this if you don't have a dog, too).
- I have written a government official regarding a conservation issue in the past year.
- I give at least \$100 to stewardship causes every year, and/or volunteer regularly.
- I use a re-usable coffee cup and water bottle.
- I "go vegetarian" one day a week (or more).
- I borrow, repair and re-use rather than buy more "stuff" as much as is possible.

Add 'em up! This is your "off the water" score.

Total both scores here:

25 or more: *Stewardship Superhero!*

15-25: You're off to a good start!

Below 15: Time to make some changes

Find out more at www.RecycledFish.org



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